|  |
| --- |
| **Chart for Exercise 41**  **Finding Purpose**  (*Developing Habits for Relationship Success v. 5.0)*  **Name: Date:** |
| 1. To begin this exercise, read the article, [Twelve Tips for Finding Purpose](https://www.tonyrobbins.com/stories/date-with-destiny/what-is-my-purpose/#:~:text=To%20find%20your%20purpose%2C%20you,confuse%20the%20issue%20even%20more.). Then answer the following questions. |
| 1. What are some limiting beliefs or assumptions that have held me back from pursuing goals I could be passionate about? |
| 1. After reading the 12 tips, what do you think you need to do to move toward discovering and committing to pursuits that you could be passionate about? |