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| **Chart for Exercise 41****Finding Purpose**(*Developing Habits for Relationship Success v. 5.0)***Name: Date:** |
| 1. To begin this exercise, read the article, [Twelve Tips for Finding Purpose](https://www.tonyrobbins.com/stories/date-with-destiny/what-is-my-purpose/#:~:text=To%20find%20your%20purpose%2C%20you,confuse%20the%20issue%20even%20more.). Then answer the following questions.
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| 1. What are some limiting beliefs or assumptions that have held me back from pursuing goals I could be passionate about?
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| 1. After reading the 12 tips, what do you think you need to do to move toward discovering and committing to pursuits that you could be passionate about?
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