



COUPLES THERAPY POST-GRADUATE FELLOWSHIPS

The Couples Clinic is offering 2-year Post-Graduate Fellowships in Couples Therapy, beginning September, 2019 or sooner. The Fellowships are designed to produce highly trained and competent therapists specializing in couples therapy. These Two-Year Fellowships in Couples Therapy are ideal for:

- Therapists who have recently completed graduate degrees and need to accumulate experience and supervision required for full licensure.
- Therapists who are interested completing the fellowship and moving into full-time permanent therapists positions at the Couples Clinic -- either in the Chicago area or at other locations.

1. Description of the Fellowship Site

- The Couples Clinic and Research Institute in Geneva, Illinois is the home of a team of therapists and researchers who have generated methods that are known and used by couples therapists around the world (www.thecouplesclinic.com/our-story).

2. Fellowship Candidate Selection Philosophy

- We believe that personality is more important than experience. We do not expect for you to have any experience in couples therapy. We are looking for therapists who have a passion for couples therapy and have a strong enough personality to hold the therapy room. We also are looking for individuals with a collaborative bend.

3. Model of Couples Therapy

- We are the creators of the Pragmatic/Experiential for Couples (PET-C). Detailed in our books, *Emotional Intelligence in Couples Therapy: Advances from Neurobiology and the Science of Intimate Relationships*, and *Developing Habits for Relationship Success*, our approach has been described by Oprah as “completely counterintuitive and wonderfully effective.” The editor of the *Journal of Marital and Family Therapy* called it “a tour-de-force of scientific wisdom and sophistication.” Step-by-step, you will become masterful in implementing this highly integrative and comprehensive treatment model for couples.

4. Training and Supervision

- Fellows will receive individual supervision (48 hours per year), dyadic supervision (48 hours per year) and group supervision (72 hours per year) from Dr. Brent Atkinson, principal architect of PET-C. Additional Couples Clinic supervisors will provide supplemental supervision. Video review of your therapy sessions will be a primary tool enabling moment-by-moment feedback from your supervisor.

www.THECOUPLESCLINIC.COM

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The Five Hundred Building, 1250 Executive Pl. Geneva, IL 60134

5. Expectation of Fellows

- After the initial training period, fellows are expected to be available to provide therapy for 20 hours per week.
- Fellows are expected to provide therapy during “prime time” hours when most couples are available. Prime-time is defined as 4-9pm for weekdays and 8-6 on Saturdays and Sundays.
- Fellows are expected to attend all training and supervision sessions.
- Fellows are expected to engage in role plays facilitated by the clinical staff.
- Fellows are expected to video-record their counseling sessions for supervisory review.
- Fellows are expected to be open to understanding their own relational tendencies and the etiology of those tendencies.
- Fellows are expected to read and be proficient with assigned materials prior to the beginning of the Fellowship.

6. Fellow Stipend, Leave, and Benefits

- The Post-Graduate Fellowship is a full-time paid 2 year position.
- We offer a package including \$30,000 annual salary, plus training and other benefits. See the PDF titled, “[2019 Fellowship Compensation Package](#)” for more detail.
- The Couples Clinic provides liability and malpractice insurance.
- Fellows will receive all clinical supervision hours and client contact hours necessary for the full LMFT license in Illinois.
- Fellows will receive 2 weeks of vacation time per year.
- The Couples Clinic offers a retirement plan in which we match up to 3% of your salary for a SIMPLE IRA
- Although there are no guarantees, we fully intend for fellows to become full-time Couples Clinic therapists at the end of their fellowships – either in the Chicago area or at other Couples Clinic locations.

7. Qualifications of Applicants

Minimum Qualifications:

- The completion of a Master’s or PhD degree in Marriage & Family Therapy, Social Work, or Counseling by September 9, 2019.
- A willingness to commit to a 2 year Fellowship.
- Interest in becoming a full-time Couples Clinic team member (in the Chicago area or at another location) after completing the fellowship.
- An honest and sincere respect for relationships and a commitment to providing the best care possible.

Additional Preferred Qualifications (not mandatory)

- Knowledge of the major models of couples therapy.



- Sex therapy training
- Sex therapy education
- Knowledge of specific trauma models
- Experience with trauma therapies.

8. Application Procedures and Deadlines

- A. Record a video introducing yourself and answering the following questions. Email the video as an attachment or upload it to YouTube and send us the link (staff@thecouplesclinic.com.) (You can use your phone to record the video).

Questions:

1. What about the Fellowship at the Couples Clinic is exciting to you?
 2. What are your strengths and weaknesses?
 3. What adjectives best describe your personality?
 4. What are you like in a group? How do people experience you?
 5. In this fellowship, you'll receive lots of feedback about your personal habits of interacting with others, your habits of expressing yourself, and the way you organize and process thoughts and emotions. Have you ever received feedback on these sorts of things? Can you give an example? What do you think this feedback process will be like for you?
 6. Have you ever expressed a complaint to a supervisor or boss, or had a complaint but decided not to express it? (Please give an example). What was the decision-making process (to express or not to express) like for you? If you decided to express it, how did it go? What (if anything) would you do differently if you could do it over again?
 7. Do you believe that couples therapists should voice opinions about (and attempt to influence) dysfunctional communication and interpersonal habits evidenced by those involved in leadership and government? What is the biggest problem you have seen in leadership and government lately?
 8. If you were offered this fellowship – what would be your biggest hesitations in taking the position?
 9. Where do you envision yourself in 5 years? In 10 years?
 10. What else should we know about you?
- B. Email your resume or curriculum vitae (to staff@thecouplesclinic.com) along with the names and contact information of three supervisors or professors who you are willing to allow us to contact to speak with about your qualities as a learner. In your email, tell us why you are interested in the Fellowship and why you think you would be a good candidate.
- C. The Application Timeline
- Applications will be accepted beginning May 1st, 2019 and will continue to be

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accepted until available Fellowship positions are filled. Fellowships will begin September 9th or sooner.